

## InflaCor

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To provide support for the heart and circulatory system

### Ingredients per capsule:

- 200 mg omega-3 fatty acid
- 200 mg magnesium gluconate
- 30 mg coenzyme Q10
- 10 mg vitamine E
- 3 mg sodium selenite = 30 µg selenium



### Consummation reference:

1 capsule a day, taken with water during a meal.

### Common description:

**Omega-3 fatty acids**, with the most important exponents eicosapentaenoic acid (EPA) and docosahexenoic acid (DHA) are essential anti-inflammatory nutrients, which we can ingest exclusively with our food. Furthermore they are indispensable for the flexibility of the cell membrane and therefore flawless signal transmission. With our today food pattern most people don't ingest enough Omega-3-fatty acids. With a chronic undersupply inflammatory processes develop in the blood vessel walls. Through this the risk of cardiovascular diseases is clearly higher. Omega-3-fatty acids can be used for a specific prevention for cardiovascular diseases. With regular ingestions Omega-3-fatty acids can prevent from a dangerous constriction of the blood vessels.

**Magnesium gluconate** is part of many enzymes. It is necessary for the development of bones and the function of muscles and nerves.

**Coenzyme Q 10** has a big part in the energetic metabolism and is necessary for a well-functional immune system. 95% of our energy composing metabolism processes are dependent on Q10. During the composition of cellular energy Q10 plays a key role. The body profits from a high Q10 supply because it has the ability to protect the cells from free radicals (high oxidative byproducts of the production of energy) and its central role as activator in the energetic metabolism. Especially in the heart and skeletal muscles Q10 is essential.

**Vitamine E** makes a contribution to the formation of muscles and to the functional efficiency of the cells. The same usage of vitamine E and the coenzyme Q10 has a drastic effect on the normal Q10 effect onto the energy benefit of heart and skeletal muscles. The specific biochemical structure of vitamine E forms it into a very important catcher of radicals.