

NutriOphtha

To provide support of a healthy eye- function

Ingredients per capsule:

- 200 mg blackberry extract
- 200 mg omega-3-fatty acids
- 100 mg citrusbioflavonoids
- 100 mg taurine
- 71,5 mg zinc gluconate = 7,5 mg zinc
- 3 mg luteine with 0,3 mg zeaxanthin
- 1,5 mg sodiumselenite = 15 µg selenium

Consummation reference:

2 capsules a day, taken with water during a meal.

Common description:

Carotinoide lutein and zeaxanthin function as inner sunglasses and filter the dangerous ultraviolet radiation, which lead to oxidative damage to the visual pigment of the retina, to inflammatory reactions and to deposits of denatured proteins. These micronutrients act as an anti-oxidative "scavenger", by neutralising the high oxidative products of the uv-radiation (free radicals) in the retina cells.

Blackberry powder contains a series of oxidative substances, which are proved to have a vessel stabilising effect. Moreover, was a preventive effect shown in regards to the macula-degeneration and cataract development by animal experiments,

Citrusbioflavonoids have, as has been proved, anti-inflammatory, anti-oxidant, anti-allergic, liver-protecting, antithrombotic, antimicrobial and anti carcinogen activities.

Zinc activates different enzymes and is important for controlled growth and development. Moreover it is anti-inflammatory, stabilises the immune system.

Taurine is an amino acid with an oxidative effect; it can connect toxicants and is important for the functions of the brain and the eyes, especially in regards to the stability of easily fractious cell membranes (e.g. the retina).

Omega-3 fatty acids, with the most important exponents eicosapentaenoic acid (EPA) and docosahexenoic acid (DHA) are essential anti-inflammatory nutrients, which we can ingest exclusively with our food. Furthermore they are indispensable for the flexibility of the cell membrane (fluidity) and therefore flawless impulse transmission in the retina and the brain.

Selenium protects the celles from unhealthy exposure and poisonous effects.

