Enigma®





To provide support for a healthy prostate function.

Ingredients per capsule:

160 mg palmetto berry extract

10 mg lycopene

1,5 mg codium selenium = 15μ g selenium

71,5 mg zinc gluconate = 7,5 mg zinc

1,25 mg vitamine D3



Consummation reference:

2 capsules a day, taken with water during a meal.

Common description:

Palmetto berry extract contains sterols and free fat acids, whereas beta-sitosterol is the most important substance. It is scientifically proved that beta-sitosterol blocks the 5-alpha reductase. This is the enzyme which is responsible for the enlargement of the prostate. Moreover the extract possesses anti-inflammatory features.

Lycopine is a member of the family of carotenoids. It is an anti-oxidative substance, which amongst other things gives the tomato its red colour. Because of the anti-oxidative effect, the singlet- oxygen, which can cause damage to the DNA, is neutralised.

Selenium protects the cells from unhealthy exposure and poisonous impact.

Zinc activates different enzymes and is important for controlled growth and development. Moreover it is anti-inflammatory, stabilises the immune system also against the diabetic foot and ulcus cruris.

Vitamine D3 is an important factor for the regulation of the normal celle growth (e.c the construction of bones, teeth; calcium and the phosphate balance; counteract to the formation of tumour celles).